

## SEA KAYAKING DAY TRIP CHECKLIST

Items in bold - ORGT can rent / lend these items

**Boat**  
**Paddle**  
**Skirt**  
**PFD**  
**Paddle Float**  
**Pump**  
**Whistle (on PFD)**  
**Dry bag**

Rain coat or **Paddle jacket** – *Mandatory!*

**Wetsuit** or Upper body warmth layer - *Mandatory* for all trips except mid-summer

Boat shoes (i.e. wetsuit booties, tevas, sneakers). No flip flops, please!

Hat (sun protection or warmth)

Sunglasses with retainers

Sunscreen and lip balm with sunscreen

Water bottle (2 liters)

Wet clothes (to wear when paddling – be prepared to swim)

Garbage bag (for wet cloths)

Lunch in waterproof container

Dry clothes (will stay in van)

Towel (will stay in van)

Wallet / \$ for breakfast, etc. (will stay in van)

### GROUP GEAR

Spare paddle

Tow line

First aid kit

Map / Compass

Duct tape

Charts, Tide Tables (coastal trips)

VHF / weather radio (coastal trips)

Flares (coastal trips)